



ATHLETIC PERMISSION FORM

To the Athletic Department and Principal of La Reina High School:

I hereby give permission for my daughter _____ to participate on the _____ team(s). I understand that La Reina High School provides transportation by charter bus or parent-driven vehicles to some games or practices. I also understand that when transportation is not provided, parents are responsible for transporting their daughter to games and practices. I understand that it is the parents' responsibility to make sure that their daughter is at the specified location for the game or practice on time. I agree to direct my daughter to cooperate with the staff in charge of supervision.

Should it be necessary to have medical treatment, I hereby give school personnel permission to use their judgment in obtaining medical services for my daughter. I give permission to the physician selected by the school personnel to render medical treatment deemed necessary by the physician. I understand that any insurance benefits that are effective may have limited application.

I understand that all team members must have the following signed forms on file with the Athletic Director and/or Coach:

1. Emergency Card
2. School-Sponsored Program Agreement
3. Athletic Disclaimer
4. G.A.A. Membership Contract
5. Code of Ethics (CIF)
6. Pre-participation Physical Examination Form
7. LRHS Athletic Team Guidelines Agreement
8. Driver Information Form

I also understand that in order for my daughter to play a sport the following athletic fees must be paid:

1. Transportation fee (varies by sport and level)
2. Booster Club membership fee (\$75.00)
3. G.A.A. membership fee (\$15.00)

Parent/Guardian Name (printed) _____

Parent/Guardian signature _____

Student Name (printed) _____

Student Signature _____

Date _____



SCHOOL-SPONSORED PROGRAM AGREEMENT
PARENT PERMISSION FORM

I hereby give permission for my daughter/ward to participate in the following activity/activities:

NAME OF STUDENT _____ RELATIONSHIP TO YOU: _____

ADDRESS OF STUDENT _____

FUNCTION/ACTIVITY: _____

DATES/TIMES OF ACTIVITY: _____

LOCATION OF ACTIVITY: _____

RELINQUISH OF CLAIMS AGAINST LA REINA HIGH SCHOOL

I/We recognize and acknowledge that there are risks in my child's/ward's presence and participation in the school-sponsored program. I agree to indemnify/hold harmless, waive and relinquish all claims I may have against La Reina High School, including any negligence claims on their part and its officers, agents, employees, representatives or volunteers arising out of, in connection with the transportation to and/or from the event, or any activity my child/ward participates in while attending the school-sponsored program.

MEDICAL RELEASE

I hereby give permission to the school representative of La Reina High School to authorize, by his/her signature, whatever medical or surgical treatment may be considered necessary or advisable by the physician or nurse in attendance in the event of an accident or medical emergency involving my child/ward.

Signature of Parent/Guardian **Date**

Emergency Contacts:

Name _____ Telephone () _____ Cell # () _____

Name _____ Telephone () _____ Cell# () _____

Last Tetanus _____ Serious Drug/Food Allergies _____

Special Medications/Pertinent Health Information _____

Family Physician _____ Telephone # _____

Parent/Guardian Name (Please Print) Place of Employment

() _____ () _____ () _____
Home Telephone Business Telephone Cell Phone #

Policy Holder Name/Social Security Number Medical Insurance Company Policy Number



ATHLETIC DISCLAIMER

Participation in competitive athletics may results in severe injury, including paralysis or death. Changes in rules, improved conditioning programs, better medical coverage, and improvements in equipment have reduced these risks, **BUT IT IS IMPOSSIBLE TO TOTALLY ELIMINATE SUCH OCCURRENCES FROM ATHLETICS!**

Players can reduce the chance of injury by obeying all safety rules in their sport, reporting all physical problems to their coaches, following a proper conditioning program and inspecting their own equipment daily. **DAMAGED EQUIPMENT MUST BE REPLACED IMMEDIATELY!**

EVEN IF ALL THESE REQUIREMENTS ARE MET, AND EVEN IF THE ATHLETE IS USING EXCELLENT PROTECTIVE EQUIPMENT, A SERIOUS ACCIDENT MAY STILL OCCUR AS A CONDITION OF PARTICIPATION IN ATHLETICS BY (Student's Name)

_____.

WE ACKNOWLEDGE THAT WE HAVE READ AND UNDERSTAND THIS ATHLETIC DISCLAIMER.

Student/Athlete Signature

Parent/Guardian Signature

Parent/Guardian Name (printed)



**GIRLS ATHLETIC ASSOCIATION
MEMBERSHIP CONTRACT**

As a member of the Girls Athletic Association (G.A.A.) of La Reina High School, I agree:

1. To promote athletic and social activities of the Association.
2. To attend all G.A.A. meetings.
3. To pay the membership fee to the Secretary/Treasurer.
4. To promote good sportsmanship, fellowship, and conduct.

I am fully aware and understand the implications of this contract and will uphold the standards of the Girls Athletic Association (G.A.A.).

Student Signature



DRIVER INFORMATION FORM

This form and required documentation must be renewed at the beginning of each school year.

When individuals use their own vehicles for authorized school related activities, their personal automobile liability insurance is primary. The Christian Brothers Risk Pooling Trust will only provide excess coverage if a claim or claims arising out of an accident exceed the liability limits of the vehicle owner's insurance policy.

La Reina High School requires the following insurance coverage:

- Full coverage for automobile bodily injury/property with minimum limits of \$100,000 per person or \$300,000 per accident
- Medical payments; uninsured and underinsured coverage [Medical payment coverage pays for the medical expenses for all the occupants in the vehicle. This is usually written for \$5,000 per person for a total of \$25,000; however, it is possible to purchase the limit of \$50,000 (or \$10,000 per passenger) or higher. Considering present medical costs, higher limits are a prudent choice.]

Employees or volunteer drivers must meet the following criteria:

1. The driver must be at least 21 years of age.
2. The driver must have a valid California Driver's License.
3. The vehicle must have a valid registration.
4. The vehicle must have functioning seat belts for each passenger.
5. The vehicle must be insured for the minimum limits as described above.
6. **The driver must submit a copy of the automobile insurance policy's declaration page along with copies of the insurance card and driver's license.**

I understand the volunteer driver requirements and verify the following information:

Employee/Volunteer Name (print) _____

Address: _____ State _____ Zip _____

Driver's License Number _____ State of Issue _____ Expiration date: _____

Insurance Company: _____

Effective Date: _____ Expiration Date: _____

Policy Number _____ Make/Model of Car(s): _____

Number of Seat Belts: _____

Driver's authorized signature

Date

This form and required documentation are reviewed and kept on file in the La Reina Business Office.



LRHS ATHLETIC TEAM GUIDELINES

1. Students who wish to try out for any level athletic team must follow all qualifying requirements set forth by that sport's coach.
2. Members of any level team and all technical crew must hold membership in the G.A.A.
3. All team members' parents must be current members of the Athletic Booster Club.
4. All team members' parents must attend the Booster Club/Parents' Meeting at the beginning of each sports season.
5. All high school team members must pass a medical examination in order to participate (or try out) on any team. Physicals are good for one year and must be valid during one's season of sport.
6. All team members must maintain a minimum grade point average of 2.0 in the previous grading period. Failure to do so will result in dismissal from the team. An athlete who becomes ineligible will receive no G.A.A. points.
7. All team members must maintain a minimum of 92 points on their Honor Card. Falling below 92 points results in suspension from the team for the next two days (game or practice) and a student/coach conference. Falling below 89 points results in dismissal from the team.
8. All team members are expected to attend all scheduled games and practices. Dismissal from the team results from a failure to do so.

Exceptions: Absences from games and practices will be excused only in the event of:

- a. Absence from school
- b. Family crisis
- c. Coach's discretion

For a practice to be excused, a team member must speak to the coach as near 24 hours prior to the absence as possible. (See addendum for varsity team member policy regarding major vacation absences.)

9. In order for a student to participate in a practice or game, that player must attend **4 ACADEMIC CLASS PERIODS** (not to include lunch) on that given day.
10. Injured players, who are not out for the entire season, must attend all games and practices unless cleared by the coach.



11. All team members must have the following signed forms on file with the Athletic Director and/or Coach:

- a. Emergency Card
- b. Athletic Permission Form
- c. School-Sponsored Program Agreement
- d. Athletic Disclaimer
- e. G.A.A. Membership Contract
- f. Driver Information Form
- g. Pre-participation Physical Examination Form (current in sport year)
- h. LRHS Athletic Team Guidelines Agreement
- i. Code of Ethics (CIF)

12. All high school team members must turn in the current bus fee before the away season begins.

13. When a bus is provided, all high school team members and the technical crew **MUST** ride the bus to and from the game.

Exception: Students may ride home from games with **THEIR PARENTS ONLY** if prior arrangements have been made with the coach. Students **MAY NOT** ride home with boyfriends, friends, relatives, or teammates' parents. Players **MUST** inform their coach when they are going home with their parents.

14. For afternoon games, all team members will dress into full uniform **AFTER** eating lunch. Team members **WILL NOT DRESS** at lunch for evening games unless approved by the Athletic Director.

15. All team members must uphold the training rules established by the school, team, and the coach.

16. The use of tobacco, alcohol, drugs or any behavior-altering substance will result in dismissal from the team and disciplinary action by the school. (Refer to the Parent-Student Handbook.)

17. All team members will leave class at the time specified on the game schedule. When a bus is provided, it will depart 10 minutes after the posted time. Players missing the bus may not be allowed to play in the game. Parents should plan to pick up players at the time designated on the game schedule.

18. Team members must report all injuries immediately to their coach. An injured player will not be allowed to practice or play until a medical clearance is on file in the Athletic Director's Office.

19. Team warm-ups and uniforms are to be worn only for games and on game day. Game day use is at the Athletic Director and Coach's discretion.

20. Any misconduct on the bus will be handled by the coach.

21. Players and technical crew are not to leave the immediate game site without the permission of their respective coach.



22. Athletes are financially responsible for all equipment and uniforms issued to them. There will be a meeting the first Monday following the last game and all equipment and uniforms are due at that time. No athlete will be allowed to tryout for another sport until this commitment is met.
23. Banquet trophies will not be awarded to any athlete absent from the banquet. (In the event of illness or emergency, exceptions to this policy may be made with the approval of the Athletic Director.)
24. All players, while representing La Reina High School Athletics, will be required to wear the entire team uniform as it was **DESIGNED** to be worn. This includes team pictures.
25. Athletes are required to inform their teachers every Friday if any class time will be missed the following week. If at all possible, arrangements should be made at this time for any make-up work or tests.
26. During an athlete's season of sport (first contest to last contest), she may not compete for any other team in the SAME sport in which she is representing the school.
27. During playoffs for any varsity sport, athletes **SHOULD NOT** participate in any other outside sports (i.e., club or travel team games or tournaments, etc.).
28. It is against school and CIF policy for jewelry to be worn during athletic contests. This rule is for the student's protection. All non-traditional piercing such as eyebrows, navels and tongues are also covered by this rule. If a student is in violation of these guidelines the following will occur:
 - The first time a non-traditional item is seen in a practice or game, there will be a one contest suspension and the student will be asked to remove the inappropriate item.
 - The second time any non-traditional piercing is seen, the student will be removed from the team for the remainder of the season.
29. Participation on any school athletic team is a privilege not a right. When a student accepts a position on a school team, she is agreeing to support all school policies and guidelines. Failure to meet this responsibility may result in removal from the team.
30. Changing clothes for practices or games must be done in appropriate locations such as restrooms or locker rooms. Failure to comply with this policy may result in suspension or expulsion from the team.
31. All practice attire must cover undergarments completely.



ADDENDUM

VARSITY SPORTS VACATION POLICY (VARSITY LEVEL ONLY)

If an athlete misses practice during a vacation period, she will be expected to make up all hours missed before returning to interscholastic competition.

Regularly-scheduled practice hours do not count in the make-up procedure. All make-up hours must be under the supervision of the head coach. Should an athlete choose not to make up the missed hours, she will be dismissed from the team.



LRHS ATHLETIC TEAM GUIDELINES AGREEMENT

Our signatures below certify that we have read and understood the “Athletic Team Guidelines” for La Reina High School athletic participation. Our signatures represent our agreement to abide by these guidelines.

Print Student’s Name: _____

Student’s Signature: _____

Parent’s Signature: _____

Sport(s) of Participation: _____

Date: _____

Date: _____

Date: _____

Date: _____

Date: _____

Date: _____

Date: _____

Date: _____

Date: _____

Date: _____

Date: _____

Date: _____