



**Southern California Swimming  
CIF UNATTACH FORM**



If you plan to compete in CIF, you must notify the Southern California Swimming Office that you will be UNATTACHED during the CIF Swim Season. It is your responsibility to enter USS meets unattached and to change your heat cards to UN.

I plan to participate in the 2006 CIF Swim Season beginning \_\_\_\_\_, ending \_\_\_\_\_, and will be **UNATTACHED** during this period.

\_\_\_\_\_  
*Swimmer* USA Swimming Reg. # \_\_\_\_\_

**NO FEE**

Submit form to: Southern California Swimming  
P.O. Box 30530  
Santa Barbara, CA 93130-0530



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