

**LA REINA HIGH SCHOOL & MIDDLE SCHOOL**  
**KAIROS 42 RETREAT Student Information Guide**  
**January 31 – February 3, 2017**

**WHAT TO BRING:** Athletic shoes for walking/hiking  
Shorts, etc. for the day (weather permitting)  
Warm, comfortable clothing for the evenings (a jacket is advised)  
Flashlight  
Toiletries (shampoo, conditioner soap, chap stick, lotion, etc.)  
Little Blanket or afghan if you get cold easily  
Refillable WATER BOTTLE!  
Your favorite snack to share with everyone

**WHAT NOT TO BRING:** Cell phone, iPads, iPods, Laptops, etc.  
Sleeping Bag, pillows, Bed Linens/Towels  
Watch  
Novels or other reading material, school work  
Drugs, alcohol, cigarettes

Please get a good night's rest on Monday. You will eat and sleep well while on retreat.

**ALL Student Handbook Policies APPLY.** Anyone caught using drugs or engaging in inappropriate behavior will be sent home. Also, out of courtesy to other people making retreats, Serra Retreat Center does not allow cell phones to be used in their facilities.

**When you arrive Tuesday morning, January 31<sup>st</sup>:**

- Please drop off your luggage, snacks and all things Kairos outside the Magis Center
- After school, please return to the Magis Center, pick up your Kairos bags and LEAVE your school bags in the Magis Center and head immediately to the bus
- The bus will leave promptly at 3:00 p.m. from the front of campus
- You will return home around 7pm on Friday evening.

**Cars may be left on campus overnight provided you are in your assigned parking spot and place a piece of paper on the front window that says, "Kairos."**

If there is an emergency and your parents need to contact you during the retreat, we will be staying at:

**Serra Retreat Center**  
3401 Serra Rd, Malibu, CA 90265  
[\(310\) 456-6631](tel:3104566631) (daytime only)  
**Ms. Thibodeaux - Cell Phone: 562-225-8197 (emergency only)**